



# Cafe Menu

▶ Twin Valley  
Middle/High School

## September 2017

Mon	Tue	Wed	Thu	Fri
This Institution is an equal opportunity provider		30 <u>French Toast</u> Mr. Fitz's BBQ	31 <u>Brkfast Burrito</u> Pasta with Meat Sauce Sauté Green Beans	1 <u>Bagel Sandwich</u> Chicken Lo Mein Fortune Cookie
4 Labor day No School	5 <u>Yogurt Parfait</u> Cheeseburger Baked Beans	6 <u>French Toast</u> Chicken Fajita Rice, Corn	7 <u>Brkfast Burrito</u> Beef or Vegetarian Chili Cornbread	8 <u>Bagel Sandwich</u> Hot Dogs with Bun French Fries
11 <u>Brkfst Sndwch</u> Chicken Parmesan Pasta, Peas	12 <u>Yogurt Parfait</u> Beef Taco's Rice Refried Beans	13 <u>French Toast</u>  Chicken Pot Pie	14 <u>Brkfast Burrito</u> Grilled Turkey- Cheddar Sandwich Cr. Tomato Soup	15 <u>Bagel Sandwich</u> Meatball Grinders Sauté Broccoli
18 <u>Brkfst Sndwch</u> Chicken Alfredo Pasta Roast Broccoli	19 <u>Yogurt Parfait</u> Pork Taco (Carnitas) Refried Beans	20 <u>French Toast</u>  1/2 Day	21 <u>Brkfast Burrito</u> Chicken Tenders Roast Potato Glazed Carrots	22 <u>Bagel Sandwich</u> Meat or Vegetar- ian Lasagna Green Beans
25 <u>Brkfst Sndwch</u> Egg Rolls Fried Rice Gingered Butternut	26 <u>Yogurt Parfait</u> Beef & Bean or Vegetarian Burrito Rice, Corn	27 <u>French Toast</u> Mac & Cheese with or without Ham Peas	28 <u>Brkfast Burrito</u> Chicken Quesadilla Refried Beans	29 <u>Bagel Sandwich</u> Hot Dogs with Bun French Fries

Our menu continues to evolve. We are trying new items while keeping the student's favorite's available. In addition to the calendar of special choices we will also have available everyday **Pizza, Baked Chicken Sandwiches, Sandwich Wraps, Grinders, P.B. & J's and chef salads.** To go along with these 9 main entree choices we will have ten different fruit and vegetable selections **EVERYDAY.** Menu subject to change

### Prices

Breakfast \$2.00  
Adults \$2.50  
Lunch \$3.00  
Adults \$4.00