

Twin Valley Middle/High School



Our menu continues to evolve. We are trying new items while keeping the student's favorite's available. In addition to the calendar of special choices we will also have available everyday Pizza, Baked Chicken Sandwiches, Sandwich Wraps, Grinders, P.B. & J's and chef salads. To go along with these 9 main entree choices we will have ten different fruit and vegetable selections EVERYDAY. Menu subject to change

Prices	
Breakfast	\$2.00
Adults	\$2.50
Lunch	\$3.00
Adults	\$4.00

October 2017

Mon	Tue	Wed	Thu	Fri
2 <u>Brkfst Sandwich</u> BBQ Chicken Rice Butternut Squash	3 <u>Yogurt Parfait</u> Chili Nacho's Sauté Corn	4 <u>French Toast</u> Chicken Parmesan Pasta Broccoli	5 <u>Brkfst Burrito</u> Pork Carnitas Refried Beans Rice	6 <u>Bagel Sandwich</u> Chicken Lo Mein
9 No School Teacher In Service	10 <u>Yogurt Parfait</u> 1/2 Day Teacher In Service	11 <u>French Toast</u> Fish Sticks Rice, Peas	12 <u>Brkfst Burrrito</u> Meatball Grinder Broccoli	13 <u>Bagel Sandwich</u> Meat or Vegetarian Chili Cornbread
16 <u>Brkfst Sandwch</u> Chicken Tenders Baked beans	17 <u>Yogurt Parfait</u> Hot Dogs French Fries	18 <u>French Toast</u> Turkey Taco Rice Corn	19 <u>Brkfst Burrrito</u> Chicken or Vegetarian Egg Rolls Fried Rice	20 <u>Bagel Sandwch</u> Meat or Vegetarian Lasagna Green Beans
23 <u>Brkfst Sndwch</u> Pasta with Meat Sauce Roast Broccoli	24 <u>Yogurt Parfait</u> Grilled Turkey & Cheese Sandwich Housemade Soup	25 <u>French Toast</u> Chicken & Biscuits	26 <u>Brkfst Burrrito</u> Chicken Fajitas Rice, Corn Scared Peppers	27 <u>Bagel Sandwch</u> Roast Kiebasa German Potatoes
30 <u>Brkfst Sndwch</u> Chicken Quesadilla Rice, Corn	31 <u>Yogurt Parfait</u> Shepherd's Pie Whole Grain Biscuit	We are proud to offer FREE after school meals to students involved in after school programs. The students need to sign up anytime in the morning.	This Institution is an equal opportunity provider	