


# November 2017

| Mon   | Tue   | Wed   | Thu   | Fri  |
|---|---|---|---|--|
|    |   | <i>1 <u>French Toast</u><br/>Macaroni &amp; Cheese<br/>Sauté Peas</i>             | <i>2 <u>Brkfst Burrito</u><br/>Chicken Parmesan, Pasta<br/>Maple Glazed Carrots</i>         | <i>3 <u>Brkfst Bagel</u><br/>Chicken Burrito<br/>Refried Beans</i>   |
| <i>6 <u>Brkfst Sndwch</u><br/>Roast Pork Loin<br/>Potato Wedges<br/>Apple Sauce</i> | <i>7 <u>Yogurt Parfait</u><br/>Cheeseburgers<br/>Baked Beans</i>                | <i>8 <u>French Toast</u><br/>Cheese Nacho's<br/>Chili<br/>Butternut Squash</i>    | <i>9<br/>Teacher<br/>In Service<br/>No School</i>   | <i>10<br/>Veteran's Day<br/>No School</i>  |
| <i>13 <u>Brk Sandwich</u><br/>Chicken Tenders<br/>Baked Beans</i>                   | <i>14 <u>Yogurt Parfait</u><br/>Beef Taco<br/>Rice<br/>Corn</i>                 | <i>15 <u>French Toast</u><br/>Chicken Lo Mein<br/>Fortune Cookie</i>              | <i>16 <u>Brkfst Burrito</u><br/>Grilled Turkey &amp; Cheddar Sandwich<br/>Broccoli Soup</i> | <i>17 <u>Brkfst Bagel</u><br/>Breakfast for Lunch</i>  |
| <i>20 <u>Brk Sandwich</u><br/>Chicken Quesadilla<br/>Rice, Refried Beans</i>        | <i>21 <u>Yogurt Parfait</u><br/>Meat or Vegetarian<br/>Lasagna<br/>Broccoli</i> | <p>22</p> <p>23</p> <p>24</p> <p style="font-size: 2em;">Thanksgiving Holiday</p> |   |  |
| <i>27 <u>Brk Sandwich</u><br/>Hot Dogs<br/>Sweet Potato<br/>French Fries</i>        | <i>28 <u>Yogurt Parfait</u><br/>Meatball Grinder<br/>Baked beans</i>            | <i>29 <u>French Toast</u><br/>Chicken Broccoli<br/>Alfredo<br/>Garlic Bread</i>   | <i>30 <u>Brkfst Burrito</u><br/>Spaghetti with Meat Sauce<br/>Sauté Green<br/>Beans</i>     | <p><b>Prices</b></p> <p><b>Breakfast \$2.00</b></p> <p><b>Adults \$2.50</b></p> <p><b>Lunch \$3.00</b></p> <p><b>Adults \$4.00</b></p> |

## Twin Valley Middle High School Café Menu

**Our menu continues to evolve. We are trying new items while keeping the student's favorite's available. In addition to the calendar of special choices we will also have available everyday Pizza, Baked Chicken Sandwiches, Sandwich Wraps, Grinders, P.B. & J's and chef salads. To go along with these 9 main entree choices we will have ten different fruit and vegetable selections EVERYDAY. Menu subject to change**

This Institution is an equal opportunity provider