



Twin Valley Middle/High School

▶ Cafe Menu

January 2019

Mon	Tue	Wed	Thu	Fri
Welcome Back		2	3 <u>Yogurt Parfait</u> Hot Dogs on W.G. Roll Sweet Potato FF	4 <u>Brkfst Burrito</u> W.G. Macaroni & Cheese with Ham Sauté Peas
7 <u>Brkfst Burrito</u> Sweet & Sour Chicken Rice, Broccoli	8 <u>French Toast</u> Cheese Quesadilla Chicken Chili Sauté Corn	9 <u>Brkfst Sandwich</u> Meat or Vegetarian Lasagna Green Beans	10 <u>Yogurt Parfait</u> Chicken & Broccoli Alfredo on W.G. Penne	11 <u>Brkfst Burrito</u> Cheeseburger on W.G. Roll Baked Beans
14 <u>Brkfst Burrito</u> Meat or Vegetarian Chili W.G. Biscuit	15 <u>French Toast</u> W.G. Spaghetti with Meat Sauce Roast Broccoli	16 <u>Brkfst Sandwich</u> Pulled Pork on W.G. Roll Glazed Carrots	17 <u>Yogurt Parfait</u> Chicken Tenders W.G. Roll Baked Beans	18 Teacher In Service No School
21 MLK Day No School	22 <u>French Toast-</u> Kielbasa Sweet Potato FF W.G. Dinner Roll	23 <u>Brkfst Sandwich</u> Chicken and W.G. Biscuits	24 <u>Yogurt Parfait</u> Chicken Fajitas Rice Pilaf Refried beans	25 <u>Brkfst Burrito</u> Meatloaf Mashed Potato & Gravy, W.G. Bread
28 <u>Brkfst Burrito</u> Corn Tortila Nacho Refried Beans Rice Pilaf	29 <u>French Toast</u> Steak Um on W.G. Roll Glazed Carrots	30 <u>Brkfst Sandwich</u> W.G. Cheese Ravi- oli with Meat Sauce, Gr Beans	31 <u>Yogurt Parfait</u> Chicken Parmesan W.G. Penne with Marinara Sauce	

Our menu continues to evolve. We are trying new items while keeping the student's favorite's available. In addition to the calendar of special choices we will also have available everyday Pizza, Baked Chicken Sandwiches, Sandwich Wraps, Grinders, P.B. & J's and chef salads. To go along with these 9 main entree choices we will have ten different fruit and vegetable selections EVERYDAY. Menu subject to change

Prices

Breakfast \$2.00
Adults \$2.50
Lunch \$3.00
Adults \$4.00

This Institution is an equal opportunity provider