

# February 2019

MON TUE WED THU FRI

**TWIN VALLEY JR. IRON CHEF  
COMPETITION IS WEDNESDAY, JANUARY  
13 AT 3:30 IN THE TVMHS AUDITORIUM  
PLEASE COME AND SEE WHAT OUR  
GREAT, YOUNG CHEFFERS  
HAVE CREATED**



1Brkfst Burrito  
Beef Taco  
Rice Pilaf  
Sauté Corn



4Brkfst Burrito  
Macaroni &  
Cheese with Ham  
Sauté Peas

5 French Toast  
Roast Pork Loin  
Baked Potato

6Brkfst Sndwich  
Teacher  
In Service  
1/2 day

7Yogurt Parfait  
Chicken Fajitas  
Rice Pilaf  
Refried Beans

8Brkfst Burrito  
Chicken &  
Biscuits

11Brkfst Burrito  
Cheese Nacho  
Beef Chili  
Sauté Corn

12 French Toast  
Pasta with Meat  
Sauce  
Roast Broccoli

13Brkfst Sndwch  
Chicken Tenders  
Baked Beans

14Yogurt Parfait  
Chicken Egg  
Rolls  
Rice  
Sauté Peas

15Brkfst Burrito  
Hot Dog on W.G.  
Roll  
Sweet Potato  
F.F.

18

19

20

21

22

# Holiday Break

25Brkfst Burrito  
BBQ Chicken  
Rice  
Sauté Green  
Beans

26 French Toast  
Kielbasa  
Roast Red Potato

27Brkfst Sndwch  
Steak Em  
Sandwich  
Maple Glazed  
Carrots

28Yogurt Parfait  
Ravioli with  
Meat Sauce  
Sauté Broccoli

**Prices**  
Breakfast \$2.00  
Adults \$2.50  
Lunch \$3.00  
Adults \$4.00

## Twin Valley Middle/High School

**Our menu continues to evolve. We are trying new items while keeping the student's favorite's available. In addition to the calendar of special choices we will also have available everyday Pizza, Baked Chicken Sandwiches, Sandwich Wraps, Grinders, P.B. & J's and chef salads. To go along with these 9 main entree choices we will have ten different fruit and vegetable selections EVERYDAY. Menu subject to change**

This Institution is an equal opportunity provider